



**UNITED  
COMMUNITY  
MINISTRIES**

*At the Heart of Community*

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United Way #8199 CFC #37839

***FOR IMMEDIATE RELEASE***

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**Stamp Out Hunger Community Food Drive  
Stocks UCM Food Pantry with over 9,100 Pounds**



Photo is attached to email for media distribution. File name: 06-03-16\_UCM\_SOHvolunteers\_Photo.jpg

Thanks to caring community members, dedicated volunteers, and especially all the members of Union Branch 567 of the National Association of Letter Carriers, United Community Ministries (UCM) received over 9,100 of food donations from this year's Stamp Out Hunger Food Drive on May 14. "What is especially great about this year's collection is the large amount of heart-healthy food items that were donated, including low-salt, low-sugar, and whole grain items – along with quality items for our Food Pantry purchased at higher-end grocery stores," says Richard Dobber, Director of Social Services. Pictured are UCM volunteers helping that day at the Huntington Area Post Office (from left): Tim Howard, Bishop Ireton sophomore Henry Somerville, Letter Carrier Chauntele Brown, and Craig Lewis with his neighbor Rita Green. UCM has volunteer openings for all ages and skill sets. To register for a volunteer orientation, visit [www.ucmagency.org](http://www.ucmagency.org) or email Emily Griffin, Volunteer Coordinator, at [emily.griffin@ucmagency.org](mailto:emily.griffin@ucmagency.org).

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**United Community Ministries (UCM)** mobilizes the power of community to equip, educate, and empower people to measurably improve their lives. For the past 46 years, UCM has provided a vital connection between people in need and the people committed to helping them thrive. Services include:

- **Immediate Help.** For families and individuals in crisis, UCM provides counseling, food, financial aid, and referrals to other resources.
- **Children's Programs.** UCM provides the next generation with essential education and enriching experiences, including full-day early care and learning, new parent education, and after-school programs for youth leadership development and computer access.
- **Workforce Development.** UCM helps adults increase their employability with counseling and with ESL and citizenship classes.

In Fiscal Year 2015, thanks to generous community support, UCM provided life-changing assistance to 10,200 individuals in 4,000 families in the Alexandria portion of Fairfax County. This included 5,000 children – more than any other private nonprofit agency in the Huntington-Mount Vernon area.

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