



Help Stock UCM's Food Pantry!



Healthy Snacks for Children Food Drive Saturday, October 15, 2016 12 p.m. – 4 p.m. Giant Food, 6800 Richmond Hwy Alexandria, VA 22306

Did you know more than **5,800** students residing in the Mount Vernon area are eligible for free or reduced lunch? United Community Ministries (UCM) mobilizes the power of community to equip, educate, and empower people to measurably improve their lives. Your support gives thousands of low-income families and children a fighting chance to create a better life for themselves.

Please be Generous – Thank You!

Most Needed Items

◇ Fruit Cups (<i>no sugar added</i>)	◇ Chips (<i>high fiber, low sugar, low fat</i>)	◇ Raisin Boxes (<i>single serving</i>)	◇ Juice Boxes (<i>100% juice</i>)
◇ Fruit Snacks (<i>brands that use whole fruit & fiber</i>)	◇ Crackers (<i>low fat</i>)	◇ Nutrition Bars	◇ Water Bottles (<i>8 oz</i>)
	◇ Mac & Cheese	◇ Pumpkin Seeds	◇ Cereal Boxes (<i>single serving</i>)
	◇ Horizon Organic Low Fat Milk (<i>8 oz</i>) or Dry Milk	◇ Applesauce Cups (<i>single serving</i>)	

If you prefer, financial donations (designated "Food") can be made at ucmagency.org, or checks can be made payable to UCM. Thank you!

Sponsored by Alpha Kappa Alpha Sorority, Incorporated®
Lambda Kappa Omega Chapter and the Educational and Charitable Foundation



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